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Welcome to NEARI PRESS

Dear Colleagues,
Preventing sexual abuse remains the primary goal of NEARI Press. We believe that stopping those who abuse from engaging in that behavior remains a critical strategy to achieve that goal. Over the last few years, as a professional your task has become increasingly complex as better research about the heterogeneity of the population (particularly children and adolescents) continues to inform our risk assessments, treatment plans, and management strategies. Consistent with this reality, we are excited to be offering you the following:

New Titles:
This is an incredible new book about the brain and the complex impact our environment can have on the brain’s development, *Current Perspectives and Applications in Neurobiology: Working with Young Persons who are Victims and Perpetrators of Sexual Abuse* edited by Robert E. Longo, David S. Prescott, John Bergman and Kevin Creeden. The *Brain Detective: A Practical Tool for Helping Misunderstood Children and Teens* by Penny Cuninggim and Shannon Chabot provides some easy-to-use strategies for teaching, parenting and better treatment outcomes. A new workbook by David S. Prescott and Robin Wilson, *Awakening Motivation for Difficult Changes* takes the research about engaging and motivating clients and pulls that knowledge into a practical workbook for clinicians. We are also offering a new series of booklets priced at $3.75 which include:
- *A Developmental Perspective on the Meaning of Problematic Sexual Behavior in Children and Adolescents* by Craig Latham and Robert Kinschereff
- *Enhancing Motivation in Treatment: A Case Study and Professional Development Planning Method* by David S. Prescott
- *Beyond Manuals and Workbooks: Improving Clinical Outcomes with Adolescents Who Have Sexually Abused* by David S. Prescott

FREE Online Resources:
Translating the latest research into practical strategies remains central to the NEARI Press mission. We now deliver that knowledge to you through NEARI Press books, workbooks, online courses, **FREE Online Webinar Series**, and our **FREE Monthly Newsletter** which translates research into simple practice guidelines and now reaches over 7000 readers.

If you haven’t yet tried one of the monthly NEARI Press Webinars, each of which is both a short presentation and interview with our leading authors, please join us for a thought-provoking conversation. We believe that it is an excellent way to keep current with changing practice.

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At the core of our publishing is the belief that a more informed professional community and public will allow all of us to do better work with our clients and keep our communities safer. If you agree, if you find these resources helpful or if you have suggestions for future titles, webinars or booklets, drop us an email at info@aripress.org. We so appreciate hearing from you.

Thank you for being part of the NEARI Press community.

Steven M. Bengis, Ed.D, LCSW
Executive Director, NEARI

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Sign up for our **FREE** E-Newsletter at www.nearipress.org
Current Perspectives & Applications in Neurobiology: Working with Young Persons Who are Victims and Perpetrators of Sexual Abuse

Edited by Robert E. Longo, David S. Prescott, John Bergman, and Kevin Creeden

One of the most important scientific advancements of the past few decades is our increased understanding of the brain and the impact of our environment on this complex neurobiology. This new volume by some of the leading experts in the field compiles a comprehensive overview of the core issues we need to understand affecting the neurobiology, neuroscience and the assessment and treatment of sexually abusive youth as well as the child and adolescent victims of sexually abusive and aggressive behavior.

NEARI Press is pleased to announce the publication of this exciting and cutting edge book and third volume in the Current Perspectives and Current Applications series.

- Interpersonal neurobiology view of trauma
- Impact of traumatic brain injury
- Brain function assessment and neurotherapy for sexual abuse
- Combining neuroscience, education, and therapy
- Neuroscience applied to the therapeutic milieu
- Experiential therapies as neurological analogs
- Sensorimotor psychotherapy perspective on the treatment of children and adolescents
- Sensory integration and trauma
- Medications and the brain
- Teaching, intervening and counseling with the brain in mind

$69.00

Awakening Motivation for Difficult Changes

By David S. Prescott and Robin Wilson

How can clinicians and other professionals motivate adult clients who have been mandated into treatment? Most workbooks explore the techniques for treatment without providing a framework for engaging clients in the face of the fact that most clients feel ambivalent about entering treatment. Prescott and Wilson deal directly with motivation, setting the stage for the preparatory stages of change. Once a client moves into treatment, this workbook (written for older adolescents and adults) provides the concrete steps for a client to examine and address his/her barriers to effective treatment and ultimately, positive change.

“This book does an excellent job of synthesizing the literature on motivation and presents it in an easily readable fashion for the lay person as well as treatment providers.”

— Liam Marshall, Author of Treating Sexual Offenders: An Integrated Approach.

$19.00

To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
Pornography and its Place in the Assessment and Treatment of Adolescents who have Sexually Abused  
By David S. Prescott and Siegi A. Schuler  

No one thinks that exposure to pornography is a good idea for adolescents who sexually abuse, but what do we actually know from research? How should this inform our clinical practice? In this groundbreaking booklet, David Prescott addresses the research findings of this controversial topic. Taking this information, they explore the implications of this research for the assessment, treatment intervention, and risk management of adolescents living in a sexualized culture. Most importantly, the booklet covers how the clinician can work with an adolescent in treatment to help him or her build a healthier future.

“This is an important booklet that answers questions about the role of pornography in adolescent sexual offending. The authors have successfully intertwined current knowledge and evidence with specific case examples to highlight the possible meaning of pornography for youth.”

— Tracey Curwen, Ph.D., Nipissing University  

$3.75

The Impact of Pornography on Children, Youth, and Culture  
By Cordelia Anderson  

Rapidly changing technology has dramatically changed the reach of pornography. Unfortunately, today, pornography is often the prime source of sex education for our children and youth in America. Unfortunate because the content of this pornography is degrading and body punishing AND it is being marketed as normal.

This booklet offers a deeply researched and shocking overview of the impact of pornography on children and youth. The author also describes the clear shifts in our culture that demonstrate how yesterday’s pornography is part of today’s mainstream advertising for children. This booklet also provides clear information and resources about what can be done to counter the harm to our children and teens and offers practical tips about how to focus on and promote sexual and relational health.

“Cordelia Anderson’s ‘Impact of Pornography on Children, Youth, and Culture’ is a compelling, insightful treatment of an issue most Americans do not understand.”

— Ernie Allen, President & CEO, National Center for Missing & Exploited Children  

$3.75

A Developmental Perspective on the Meaning of Problematic Sexual Behavior in Children and Adolescents  
By Craig Latham and Robert Kinscherff  

Children and adolescents develop in dramatically different ways and a developmental context is essential to understanding a child’s or teen’s sexual behavior or abusive problems. This booklet lays out a developmental framework with vivid case examples that brings to life this vital developmental treatment and risk management perspective. Whether you are a clinician looking to develop accurate case formulation or a school counselor looking to understand at-risk youth, this booklet will open your eyes to the story behind the development of sexual behavior problems.

$3.75

Shipping charges for up to six booklets is $4.00 (within the US). Call 888.632.7412 for more information on shipping.
The Brain Detective:  
A Practical Tool for Helping Misunderstood Children and Teens  
By Penny Cuninggim and Shannon Chabot  
This book provides an easy-to-use tool that helps assess possible brain-based problems. By looking at a child’s behaviors, these tools identify possible neuro-developmental obstacles to communication and learning. Once identified, even the most misunderstood learner can be guided through remedies or provided with appropriate referrals. This booklet explores the brain-based keys to more successful teaching, parenting, and treatment outcomes.

“This short book provides a remarkable screening tool and strategies that can be easily implemented by any professional to address many of these problems. This belongs on the desk of every teacher and mental health professional.”  
— David S. Prescott, Co-Editor of Current Perspectives Series

Beyond Manuals and Workbooks:  
Improving Clinical Outcomes with Adolescents who have Sexually Abused  
By David S. Prescott  
This booklet focuses on the essential elements that every clinician can integrate into their current treatment to make it more effective. While many treatment programs organize themselves around specific curricula, this booklet makes recommendations for specific skills for improving outcomes and therapeutic alliances, early identification of at-risk cases, motivational goal setting, and considerations for successfully moving clients into a healthier environment. Based upon the current research, this booklet outlines the core values and concrete steps towards developing a truly evidence-based practice.

Enhancing Motivation in Treatment:  
A Case Study and Professional Development Planning Method  
By David S. Prescott  
Around the world and across time, adults have experienced the challenge of motivating adolescents to change. Fortunately, there have been major advances in recent years in understanding how to effectively assess teenagers who have sexually abused, what works in their treatment and how to engage adolescents in their own change process.

In this brief text, the reader is offered an innovative self-examination process designed for building professional skills for engaging and motivating teens. This composite case example offers practical ideas and strategies for engaging a teen client from the very beginning of the process. The booklet offers strategies to build upon that initial engagement towards successful outcomes and equally important, sidestepping the inevitable pitfalls when encouraging motivation with teens who have sexually abused. While reading books on treatment and going to conferences can aid one’s professional development, there is nothing like seeing the actual work unfold in new ways.

Shipping charges for up to six booklets is $4.00 (within the US). Call 888.632.7412 for more information on shipping.
The Mindfulness Toolkit
By Jack Apsche and Jerry L. Jennings

The Mindfulness Toolkit is filled with a rich variety of thirty exercises and activities that are designed to appeal to youth, such as sports, nature, adventure, and discovery. The workbook emphasizes individual autonomy and competency. The Toolkit offers multiple pathways for learning mindfulness, which can accommodate the differing learning styles of individual teens and, in particular, can be applied strategically to oppositional and treatment resistant youth. The core concept is to expose youth to a variety of mindfulness skills so that individuals can choose the coping “tools” that they find most practical and effective for their own personal “mindfulness toolkit.”

#9735 Mindfulness Workbook (ISBN 978-1-929657-70-4)

Illegal Images
Critical Issues and Strategies for Addressing Child Pornography Use
By David L. Delmonico and Elizabeth J. Griffin

Twenty years ago, the issue of child pornography was limited to helping professionals who specialized in the area of sexual offenses. However, with the widespread use of the Internet and subsequent technologies, child pornography is more available and accessible than ever. As a result, more individuals are entering the mental health and legal system who have viewed child pornography. The purpose of Illegal Images, is to provide helping professionals e.g., mental health professionals, child advocates, pastoral counselors, and community supervision officers with information regarding the key issues to be addressed when working with anyone viewing online child pornography. Reading Illegal Images will answer critical questions about this difficult issue and give practical solutions for working with these individuals.

#9733 (ISBN 978-1-929657-72-8) Booklet

Assessing Youth Who Have Sexually Abused: A Primer
By David S. Prescott

Assessing Youth introduces the reader to the goals, principles, techniques, instruments, and pitfalls of assessing young people. Prescottdifferentiates clearly between assessments of adults and those of adolescents, and addresses areas of risk that can serve as treatment goals. He provides considerations for developmental needs, brief interview suggestions, and links to resources. Assessing Youth is the most user-friendly primer available.

"David Prescott demystifies the assessment of youthful sexual abuse and provides a concise overview of critical information that can help a broad range of professionals to prevent sexual harm."
— Joann Schladale, Co-Editor of Current Perspectives Series


Contemporary Practice with Young People Who Sexually Abuse: Evidence-Based Developments
By Martin C. Calder

This collection of international articles offers the experienced practitioner and the beginning professional invaluable information about the most recent developments in the field and a fascinating overview of how to apply these innovations to your practice.

The nearly 20 chapters cover topics such as: a new framework for assessing a child’s risk to repeat concerning sexual behaviors; a step-by-step approach to responding to concerning sexual behaviors in children and youth with learning disabilities; typologies of adolescents who sexually harm and the associated risk factors, modus operandi and criminal activities; and a CBT-based treatment approach to reducing shame and increasing responsibility.

#9987 (ISBN 978-1-929657-55-1) Hardcover, 352 pages $65.00

To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
Current Perspectives:
Working With Sexually Aggressive Youth and Youth With Sexual Behavior Problems
Edited by Robert E. Longo and David S. Prescott

Current Perspectives represents the best thinking and practice from leaders and front-line workers who assess and treat sexually aggressive and abusive adolescents and young people with sexual behavior problems. With chapters ranging from considerations of diversity to ethics and developing integrity, from developmental concerns in pre-pubertal clients to girls with sexually abusive behaviors, from research on resilience to an examination of attachment styles, from drama therapy to neurological impacts, Current Perspectives is the best one-volume compendium available. Drawing on the expertise of contributors including John Hunter, Toni Cavanagh Johnson, Susan Robinson, Tony Morrison, Judith Becker, Lisa Frey, William Friedrich, Jane Gilqun, Barbara Schwartz, Robert Pretntky, Joann Schladale, Steve Bengis, Penny Cuninggim, and Martin Calder, among many others, editors Rob Longo and David Prescott offer the equivalent of a three-day seminar in print form. Every juvenile treatment program should make this rich resource available for its administrators, clinicians, protective service workers, and professionals working in the juvenile justice system.

$99.00

Current Applications:
Strategies for Working with Sexually Aggressive Youth and Youth with Sexual Behavior Problems
Edited by David S. Prescott and Robert E. Longo

Current Applications: In this new volume, Prescott and Longo take the theory and science addressed in Current Perspectives and translate it into useful information for clinical practice. With the belief that a good book should be like attending a great three-day conference, the editors have assembled diverse perspectives from nationally recognized leaders as well as rising stars in the field. Current Applications addresses practical topics related to everyday clinical practice with young people who have sexual behavior problems, from making meaningful connections in treatment to building on the strengths of young people. The book goes beyond traditional sex abuse specific treatment approaches into new areas that will engage all aspects of the adolescent’s development and his or her environment. Topics include working with developmentally delayed youth, building on client strengths, brain-based interventions, art therapy, considerations in using the polygraph, public policy, working through client resistance, and many others. Contributors to this excellent one-volume compendium include: Jack Apsche, Jill Levenson, Phil Rich, Steven P. Sawyer, Joann Schladale, and Ken Singer.

“Current Applications is a daring and brave text. Breaking from much of the stodgy and deeply entrenched psychological theories of the past, this book delivers a humanistic approach to sexual abuse treatment.”

— Geral Blanchard, Author of Ancient Ways

$69.00

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SPECIAL PRICING:
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3 Book Set
SPECIAL PRICING:
#9731 Current Applications, Current Perspectives, and Current Perspectives & Applications in Neurobiology, $237.00
$189.00

To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
Growing Beyond Treatment Manual:
A Guide For Professionals Working with Teenage Girls with Sexually Abusive Behavior
Treatment Manual
By Susan L. Robinson
Growing Beyond Treatment Manual is the therapist and clinician’s guide to Susan Robinson’s first-of-its-kind workbook for adolescent females who sexually abuse. This essential companion manual explains the purpose for each chapter in the workbook, provides answers to the self-administered workbook quizzes, lists websites and other resources for information on working with adolescent females, and includes original experiential exercises to be used with each workbook chapter.


The T.O.P.* Workbook
For Taming Violence and Sexual Aggression
By Joann Schladale
The T.O.P.* (Trauma Outcome Process) Workbook for Taming Violence and Sexual Aggression is an easy to read workbook for youth who have exhibited violent and/or sexually aggressive behavior. It addresses challenges children and adolescents face in making decisions about getting into trouble versus staying out of trouble. The narrative approach utilizes a life course perspective based upon theories of human and family ecology. The premise of the workbook is to support youth in developing an awareness of how they came to commit acts of violence and sexual aggression and how they can choose to tame such behavior.

The workbook has been effectively used with a variety of youth populations including those with developmental disabilities, and is intended for use in both community-based and residential treatment settings.

The Clinician’s Manual for this workbook is available for FREE. Just go to Schladale’s books on the NEARI website (www.nearipress.org) to download your free copy.

“While this workbook includes the discussions of abuse, power, secrecy, anger, and other elements that one would expect, Schladale emphasizes the strength and courage it takes for a youth to become the person they want to be.”
— David S. Prescott, Co-Editor of Current Perspectives Series


$24.00
Growing Beyond:
A Workbook For Teenage Girls
Client Workbook
By Susan L. Robinson
Susan Robinson has written a first-of-its-kind workbook for female adolescents who sexually abuse. The OJJDP has confirmed that differences between female and male clients and patients require gender-specific treatments. Growing Beyond is an excellent resource for those approaches, focusing on telling what they did, dealing with their own victimization, realizing the impact of abuse on themselves and those they abused, developing positive sexuality, and building self-esteem. Each chapter includes homework assignments and exercises.


#9878 Set [1 Workbook, 1 Manual] $32.00

Juvenile Sexual Offending:
Causes, Consequences, and Correction
By Gail Ryan, Tom F. Leversee, and Sandy Lane
Wiley Publishing
The new edition of Juvenile Sexual Offending provides a research-based foundation for any professionals involved in the assessment, treatment, supervision, and care of this difficult population. Written by leading specialists in the field, the Third Edition represents the tremendous strides in research on brain growth and development. A thorough overview of the process of risk evaluation is included, as well as detailed and practical guidelines on gauging the possibility of repeated offense, new chapters on legislative and policy developments and new practitioner-friendly guidance to all mental health professionals.

“A stimulating presentation of clinical thinking that demonstrates why the authors are leaders in the juvenile sex offending field.”
— Jim Breiling, National Institute of Mental Health

#9733 (ISBN 978-0-470-53191-4) Paperback, 500 pages $68.00

To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
Stages of Accomplishment Workbooks

By Phil Rich

Stages of Accomplishment Workbooks are a set of four inter-related workbooks that assist in the treatment of sexually abusive or sexually troubled adolescents. Building from simpler ideas to more complex and richer concepts, the workbooks take youth through a series of guided exercises that touch on many of the most significant elements of treatment. An Introduction to Treatment, Stage 1 focuses upon basic concepts and sets the foundation for the workbooks that follow. Understanding Yourself, Stage 2 helps youth focus upon and understand emotions, behaviors, thoughts, and thinking errors. Understanding Dysfunctional Behavior, Stage 3 identifies and works through behavioral cycles, safe behavior, and relapse prevention. Hitting The Target: Making Change Permanent, Stage 4 addresses empathy, victim awareness, community service, communication skills, and healthy relationships.

Augmenting individualized treatment, the workbooks are designed to be used in community-based or residential care settings. The accompanying Clinician’s Manual will help guide therapists in their use of the workbooks, and includes supplemental tests to ensure retention of learning. Designed for use with adolescent boys of average cognitive abilities, the guide offers concrete ideas for adapting the workbooks to other populations of sexually abusive youth.

"Phil Rich understands both the theory and front lines of treatment. These volumes are clear, easy to use, and show the teen how to get to a healthier place. For the clinician, the workbooks provide the needed flexibility to tailor the treatment program to each client.”

— David S. Prescott, Author of Assessing Youth Who Have Sexually Abused

#9992 Introduction to Treatment, Stage 1 ISBN 978-1-929657-37-7 Paperback, 72 pages $12.00

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#9996 Clinician’s Manual + All Workbooks ($71.00) Special Price $49.00
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Bulk Prices: 2-5 packages $36.00, 6-11 packages $33.00, 12+ packages $30.00

RESPECT

By Tom Keating

Few approaches to sex offender treatment and management attempt to be truly transformative. Tom Keating has chosen to challenge his clients to learn how to manage their behaviors and transform the way they approach life. RESPECT is both a philosophy of living and a very specific set of exercises to help youth and young adults who have sexually abused to live abuse-free lives.

This beautiful full color Professional Manual and Student Workbook begins a journey for the professional and the student that is a unique approach with specific steps in the process.

To make RESPECT work, the clinician must have integrated its principles as deeply as his/her clients. RESPECT begins with a “bow,” a simple gesture with profound meaning, as recognized in every martial arts tradition. RESPECT’s seven step process integrates the elements of relapse prevention, thinking errors work, multi-sensory and brain-based approaches to learning. Successfully incorporated into programs in the USA and internationally, the author sets forth the core principle of RESPECT: “I hope that this work will convey the essence of RESPECT to you, and I bow to you in mutual RESPECT for the invaluable work that you are doing.”


SPECIAL PRICING:
#9891 Professional Manual and Student Workbook $52.00
Roadmaps to Recovery
A Guided Workbook for Children in Treatment
By Timothy J. Kahn
Safer Society Press

Since its first publication in 1999, the Roadmaps to Recovery workbook has been helping boys and girls ages six to twelve overcome sexual behavior problems.

This updated version incorporates many components of trauma-focused Cognitive Behavioral Therapy to facilitate a core evidence-based intervention. Therapy is broken down into 16 distinct steps to help children learn healthier behaviors. Buzzbee, the cartoon jeep, helps young clients navigate these chapters and exercises and provides a comfortable context within which to establish and maintain the therapeutic dialogue.

With compassion and humor, Tim Kahn has made Roadmaps to Recovery an even more powerful tool for helping abuse-reactive children change from victims to survivors and learn to develop healthier behaviors along the way.

#9976 (ISBN 978-1-884444-77-7) Paperback, 284 pages $22.00

New Hope For Youth
Experiential Exercises For Children and Adolescents
By Robert E. Longo with Deborah Price Longo

Children and adolescents have many styles of learning and often respond to experiential exercises when sit-down talk therapy does not work. New Hope for Youth offers over 70 experiential exercises that can be used with children and adolescents. Beginning with a brief overview of child development, authors Rob and Deborah Longo review the basics of doing experiential work, offer facilitator guidelines, and provide four levels of exercises for clients.

#9849 (ISBN 978-1-929657-20-9) Paperback, 142 pages $19.00

Evolving Residential Work with Children and Families
By James R. Harris, Jr.

Harris delves into the ethical and practical issues facing professionals, from administrators to direct care workers in the residential field. His insistence on respect for the children in care and the empowerment of their families while they are in the system shines through. His commitment to helping administrators and workers think through issues can only help improve services, even in tough budget times. This updated and expanded volume is a must-have for managers and staff looking at the larger picture and for staff at all levels working in residential care facilities.

“Jim Harris has written another stimulating book that will help new and experienced professionals meet the needs of kids who have been removed from their homes. This remains an outstanding resource for youth care workers and supervisors.” — Charles Appelstein, MSW, Appelstein Training Resources, LLC Author of Gus Chronicles and No Such Thing as a Bad Kid

#9877 (ISBN 978-1-929657-36-0) Paperback, 160 pages $24.00

Space Invaders – A Game About Boundaries
By Toni Cavanagh Johnson

Space Invaders – A Game About Boundaries provides a fun way for groups and families to discuss and work on establishing clear boundaries. The game does not require a therapist to play. However, the game gives the therapist a playful way to look into the family or group dynamics and allows the therapist to help each participant define consistent, healthy boundaries.

The package includes special instructions for using the game when there have been emotional, physical or sexual boundary violations in the home. This game is also very useful when there have been allegations of sexual abuse, but uncertainty about what may have actually happened.

There are two sets of 80 brightly colored cards. The game is easy to learn and fun to play. It can be played like “Concentration” or “Go Fish.” The whole family will enjoy playing it.

#9975, (ISBN 978-1-882948-25-3) Game $20.00

To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
**Understanding Children’s Sexual Behaviors: What’s Natural and Healthy**  
*By Toni Cavanagh Johnson*

This easy-to-read, highly informative, and practical 28-page booklet for parents, teachers, school counselors, social workers, CASA, police, and anyone else who wants to understand children’s sexual behaviors includes:

- A definition of natural and healthy sexual behavior
- Twenty characteristics of problematic sexual behavior in children
- Charts: sex and sexuality in preschool through fourth-grade children
- Has my child been sexually abused?
- Do victims become perpetrators?
- How serious is it if my child is engaging in problematic sexual behaviors?
- A continuum of problematic sexual behaviors
- Getting help for sexual behavior problems

Package of 5 for $12.50

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**Sexuality Curriculum For Abused Children and Young Adolescents and Their Parents**  
*By Toni Cavanagh Johnson*

This curriculum of over 50 structured exercises – for use with children six years old up to young adolescents, and their parents – is specifically designed to combat negative effects of abuse and neglect on the sexual development of young people. Thought-provoking exercises engage youth and parents in discussions toward a deeper understanding of abuse, including: sexual values; attitudes, values, and sexual behavior; myths; sexual object choice; boundaries; sexual harassment; puberty; conception and contraception; and STDs. Parents learn how to talk to children and adolescents about sexuality and to respond appropriately to their sexual behaviors. Youth get tips on how to talk to their parents about sex. Parents, young adolescents and children, together and separately, complete exercises, games and role-plays with eye-catching, appealing, hand-drawn graphics.

#9874 Paperback, 183 pages  
$27.00

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**Helping Children with Sexual Behavior Problems: A Guidebook for Professionals and Caregivers**  
*By Toni Cavanagh Johnson*

This companion booklet to *Understanding Children’s Sexual Behaviors: What’s Natural and Healthy*, contains straightforward, easy-to-read information in the following areas:

- Some reasons children may engage in problematic sexual behaviors
- Decreasing problematic sexual behavior in children
- Encouraging healthy boundaries
- Parenting children with sexual behavior problems
- Handling sexual behavior problems in school
- Assessment and treatment of children with sexual behavior problems
- Special issues for substitute parents
- Helpful resources for teaching children about sex and sexuality

#9873 (ISBN 1-882948-18-1) Paperback, 44 pages  
Package of 5 for $17.50

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**Treatment Exercises for Child Abuse Victims and Children with Sexual Behavior Problems**  
*By Toni Cavanagh Johnson*

More than 50 specific and focused exercises help children and their parents meet each of ten treatment goals for children with sexual behavior problems. Each exercise has four parts and the instructions provide detailed descriptions for each exercise. A detailed chapter on teaching children the skills they need to contain their sexual and other impulsive behaviors is included. Many exercises have appealing hand-drawn graphics which can be duplicated. Includes assessment instruments.

#9875 Paperback, 210 pages  
$27.00

To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
The Safe Workbook for Youth:
New Choices for a Healthy Lifestyle
By John McCarthy and Kathy MacDonald

The SAFE Workbook for Youth is a time-tested curriculum for youth who experience problems with social and interpersonal skills. It covers such topics as communication and self-esteem, dealing with feelings, good relationships, empathy, and establishing a balanced lifestyle. Authors John McCarthy and Kathy MacDonald from the SAFE Program in New Zealand have written an easy-to-read and easy-to-understand workbook, with exercises, homework assignments, and a self-administered test in each of the six chapters.


Try And Make Me!
Power Struggles: A Book of Strategies For Adults Who Live and Work with Angry Kids
By Penny Cuninggim

From its evocative title to the insightful strategies it contains, Try and Make Me! decodes power struggles between adults and the acting-out kids in their care. Who is responsible for power struggles and why do they occur? Why do kids start them and what’s the payoff? Penny Cuninggim has answers and techniques to effectively prevent, respond and defuse power struggles, drawing on over 30 years of experience in residential and day settings. Try and Make Me! is a practical resource for expanding the caregiver’s repertoire of positive responses and a must-read for parents and foster parents, public and special education teachers, therapists and counselors, child-care and group home staff, guardians ad litem, and case workers.

“This gem of a book should be required reading for everyone working in a setting with children. Dr. Cuninggim explains complex psychological dynamics, provides meaningful and recognizable examples and offers a roadmap out of collisions. In this useful book, one can feel the presence of the youngster fighting to be heard, contained, and respected. Quite an achievement.”
—Vicki Levi, MD, Psychiatrist


Lessons From The Lion’s Den
Therapeutic Management of Children In Psychiatric Hospitals and Treatment Centers
By Nancy S. Cotton

Lion’s Den is a compassionate and inspirational guidebook for clinicians working with hard-to-reach emotionally disturbed children that outlines specific actions to apply to daily situations and behavioral crises. Distilling her work with 600 child clients into clinical vignettes, Cotton explains with humor, honesty and wisdom the why behind the what, showing how to involve families and avoid professional burnout. Her updated preface points the way toward adapting her methods for briefer stays and less restrictive environments.

#9858 (ISBN 978-1-929657-24-7) Paperback, 316 pages $24.00 $19.00

Smoothies For The Brain:
Brain-Based Strategies To Defuse Behavior Problems in the Classroom
By Penny Cuninggim and Shannon Chabot

This ready-reference is perfect for teachers looking for new and different ways to prevent or defuse behavior problems in the classroom. These simple, easy-to-use strategies are grounded in research on the connection between the brain, learning, and behavior. The booklet describes 16 Smoothies, each with a sample scenario that can be used at all school grade levels, with one student or a group, and without disrupting classroom routines. Every brain-based strategy has been used successfully by countless teachers across the country to de-escalate one unhappy child or to shift a whole classroom from negative to positive energy.

“Smoothies for the Brain teaches the reader practical, easy to understand, and extremely useful exercises that have been demonstrated to calm yet energize the body and mind.”
—Robert E Longo, Author of Paths to Wellness


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Moving Beyond: Relapse Prevention
Student Manual
Client Workbook
By Thomas F. LeVereee
In Moving Beyond Tom LeVereee has upgraded and revised traditional approaches to enhance the teaching of Relapse Prevention to adolescents. Clear goals and strong structure provide a firm grounding for young people dealing with their sexually abusive behaviors. With no sense of being talked down to, adolescents begin learning their relapse chains and what goes into relapse prevention plans from the first page.

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Responsibility and Self-Management:
A Client Workbook of Skills to Learn
By Jack Apsche and Jerry L. Jennings
Jack Apsche and Jerry Jennings have developed this unique workbook specifically for adolescent treatment based on research and clinical trials. Using principles of evidence-based treatments and intended for use in both outpatient and inpatient practices, the book addresses multiple issues, including aggression, anger, defiance, and sexually inappropriate behaviors. Responsibility & Self-Management looks at how the client’s life brought him to a therapist and provides a functional analytic blueprint to treatment.

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Moving Beyond Sexually Abusive Behavior:
A Relapse Prevention Curriculum
Therapist Manual
By Thomas F. LeVereee
This curriculum is a comprehensive guide and manual for therapists on how best to teach Relapse Prevention to adolescents. It builds an unambiguous, strong structure for making clear the lesson of permanently stopping sexually abusive behaviors. The curriculum sets a foundation; identifies internal and external factors that increase risk; recognizes new coping skills; and outlines the requirements of external supervision during transition and aftercare.

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#9880 Set (1 Workbook, 1 Manual)
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Responsibility and Self-Management:
A Clinician’s Manual and Guide for Case Conceptualization
By Jack Apsche and Jerry L. Jennings
The Clinician’s Manual provides the tools to take a careful measure of how and why a youngster got to this place in life. In conjunction with the Responsibility & Self-Management Client Workbook, it guides therapists to pinpoint the function of the youngster’s problem behavior[s] and to develop a specific intervention for that client. Using methodologies based on evidenced-based treatments, the manual focuses and enhances the treatment process, addressing multiple behaviors seen in both inpatient and outpatient treatment placements.

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Balancing Acts: Keeping Children Safe in Congregations
Instructors: Reverend Debra W. Haffner and Joan Tabachnick, MBA
This groundbreaking course offers information, policies, and procedural suggestions to create congregations where children and youth are safe from sexual abuse. If you are part of any faith community, this Unitarian Universalist Association course will provide you with the essential tools for a comprehensive approach to safety and prevention.
Cost: FREE (No CEUs)

Building Learning Activities the Brain-Based Way
Instructor: Penny Cuninggim, Ed.D., MAT, MSW
Brain-based teaching is a new approach dramatically improving classroom practice. This course introduces: 1) research-based principles about how the brain learns best; and 2) related brain-based strategies for designing effective learning activities in schools, residential programs, counseling settings, and after-school programs. This course will be helpful for anyone working with hard to reach kids.
Cost: $35 (3 CEUs)

Current Practice for Treating Adolescents Who Have Sexually Abused
Instructor: David Prescott, MSW
The course provides an overview of what we know and don’t know about adolescents who have sexually abused, places these youth in the context of their development, and describes the key elements of effective treatment. If you ever plan to refer an adolescent to specialized treatment or want to get current on the most recent research regarding their treatment, this course is an essential building block to your work.
Cost: $45 (4 CEUs)

Understanding Children’s Sexual Behaviors – From Natural and Healthy to Disturbed
Instructor: Toni Cavanagh Johnson, Ph.D.
Dr. Johnson is a licensed clinical psychologist, author, and internationally recognized researcher and trainer in the field of child sexual abuse. Her essential course helps people working with children understand how to distinguish the expected behaviors related to sex and sexuality in young children from behaviors that are of concern and require intervention.
Cost: $45 (4 CEUs)

First Responders: Responding to Sexual Assault Disclosures
Jaime Suvak, MS, Boston Area Rape Crisis Center
This innovative model for responding to a disclosure of sexual violence stresses the importance of a supportive response and describes how to sensitively encourage the survivor to seek further care. Ideal for staff in college and university settings the course emphasizes four key areas: Safety, Empowerment, Empathy, and Knowledge (SEEK).
Cost: $30 (2 CEUs)

Stopping Sexual Abuse Through Intervention with Sexually Abusive Youth
Instructor: Steven M. Bengis, Ed.D., LCSW
This introductory online course covers how best to identify and intervene with youth who have sexually abused — to prevent them from further harmful behaviors. Take this course if you want an overview of how sex abuse-specific assessment, case management, and treatment can help give a teenager the opportunity to live a healthy abuse-free life.
Cost: $45 (4 CEUs)

Engaging Bystanders in Sexual Violence Prevention
Instructor: Joan Tabachnick, MBA
Sponsored by the National Sexual Violence Resource Center (NSVRC)
This one hour workshop is designed to give advocates, professionals, and interested individuals basic information about bystander intervention. This overview provides an introduction to why people don’t act, what we have learned about engaging people and most of all, encouraging them to take action. You can also order or download the free publication at www.nsvrc.org.
Cost: FREE (No CEUs)

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Many brain-compatible tools and strategies have been developed to enhance the capacities of children and adolescents to learn and self-regulate. These effective brain-based tools are having a profound impact on learning and behavior. In this e-newsletter, Dr. Penny Cuninggim and her colleagues share the tools they have found to make a difference in the lives of at risk children and teens.

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— Juvenile Probation and Parole Officer
Paths To Wellness
A Holistic Approach And Guide For Personal Recovery
By Robert E. Longo

Paths to Wellness focuses on clients who present with any of three major problem areas: alcohol and substance abuse; violent and assaultive behaviors with anger issues; and inappropriate, abusive, or illegal sexual behaviors. Written in language that is easy to read and understand, the book can be used by both adolescent and adult clients and patients in conjunction with inpatient and community-based treatment programs, self-help groups, and in other settings. This unique guide teaches readers to understand their unhealthy cycles of acting out and how to move into healthy lifestyles. Chapter topics include accepting problems, denial, the four basic needs, the four aspects of self, core values and beliefs, healthy and unhealthy cycles, relapse prevention, interventions, and more, including homework assignments and exercises with each chapter.

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Ancient Ways
Indigenous Healing Innovations for the 21st Century
By Geral Blanchard

Ancient Ways is a unique addition to the field by combining traditional indigenous wisdom with contemporary neuroscience and psychotherapeutic innovations to create a comprehensive model for psychological healing. This one-of-a-kind text emphasizes several elements that are essential to successfully resolving issues of physical, emotional, and sexual trauma. Within this framework, the author encourages the exploration of robust therapeutic growth that requires a strong spiritual component, immersion in nature, and recovery strategies that are steeped in community relationships, rituals, and ceremonies.

Drawing from sacred shamanic traditions and contemporary North American medicine, Blanchard explains how old and new healing strategies are surprisingly compatible and combine for a more powerful potentiating effect. For the therapist who desires a more reverent and meaningful counseling practice, this book offers a solid theoretical foundation for this important work.

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By Robert E. Longo
Translated by Diana Garza Louis, Nicolas Carrasco, and Lucio Arzola

To reach out to a growing client population that may have difficulty reading English, NEARI Press has had this widely used and complete book translated into Spanish.

For a sample of the translation, check our online catalog: http://www.nearipress.org.

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Trauma Informed Treatment: The Restorative Approach
By Patricia Wilcox

Author Patricia Wilcox has written the essential guide to trauma-informed care with at-risk youth. Wilcox provides a foundational understanding of trauma’s impact on the developing brain, then details its implications for treatment, the promotion of pro-social behaviors, and improving the culture among clients and staff. Incorporating the key concepts of compassionate understanding, validation, skill teaching, and the primacy of trustworthy relationships for healing trauma and rebuilding connections in the child’s brain, Wilcox tackles some of the most difficult challenges in treatment settings with practical approaches grounded in theory and research. This book is an invaluable resource for parents, social workers, childcare staff, therapists, agency administrators, and anyone who cares about how kids are treated when they need skillful, trauma-informed care.

“This remarkable and inspiring book has the potential to radically change child mental health treatment (and parenting) for children with challenging behaviors and histories of trauma.”

— Karen W. Saakvitne, PhD, author, Risking Connection

#9703 (ISBN 978-1-929657-64-3) Paperback, 368 pages
$26.00
Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment

By Pamela M. Yates, David Prescott and Tony Ward
Safer Society Press

Here for the first time is a comprehensive guide to Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment. The authors present the two models as a combined program to achieve two goals with offenders: building a lifestyle incompatible with offending and effectively managing risk. This book is a thorough, step-by-step guide that first lays the groundwork with the fundamentals, continues with sections on assessment and treatment, and wraps up with post-treatment maintenance and supervision.

A practical, common-sense guide written specifically for clinicians from the leading Good Lives experts, this is a book that should be part of the library of everyone who treats or manages sex offenders.

Both veteran clinicians and clinicians new to the field will find this to be a valuable asset. This is a must read for anyone who truly wants to be effective in working with sexual offenders.

Building Motivation for Change in Sexual Offenders

Edited by David S. Prescott
Safer Society Press

No credible evidence exists to prove that punishing people reduces their willingness to cause harm again. In fact, research indicates that a harsh, confrontational approach does not work over the long term. So how do you motivate your tough clients? How do you create a client/therapist environment that promotes your client's willingness to change?

David S. Prescott has assembled this leading-edge, professional resource to begin answering these questions. The book includes both theoretical and concrete approaches that focus on problems many, if not most, professionals have experienced. These include: helping clients to envision a more fulfilling life; working effectively with clients in denial; understanding the steps by which clients become ready to change; and effective practices for those who supervise clinicians working with sexual abusers.

Building Motivation for Change in Sexual Offenders opens the door on new approaches for professionals working with people who have sexually abused.

Knowledge & Practice

Edited by David S. Prescott
Safer Society Press

Knowledge & Practice offers the opportunity to learn from the leading experts of the field about applying knowledge and research to real-world treatment of sexual abusers. In each chapter, the author describes personal research applications and suggests how others can learn from and apply this knowledge. Edited to highlight diverse voices, Knowledge & Practice brings together leading professionals in the field to produce a conference-in-a-book.

Among the chapters are: Sex Offender Policies in the 21st Century (Jill S. Levenson), Sex Offender Specialists and Their Costumes (Jan Hindman), Understanding Victimization Among Sexual Abusers (Dominique A. Simons), Preparatory Programs for Sexual Offender Treatment (L.E. Marshall & W.L. Marshall), Cognitive-Behavioral Treatment for Children with Sexual Behavior Problems (Melissa Carpentier, Jane Silovsky & Mark Chaffin), Building Coping Skills in Treatment (Franca Cortoni & Mark Carich) and Risk Assessment in the 21st Century (Anthony Beech & Tony Ward).


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Who Am I and Why Am I In Treatment?
By Robert E. Longo with Hogen Laren Bays and Steven Sawyer
This classic workbook for sexual abusers introduces clients to assessment and treatment, helping them understand why they sexually abuse, why they deny it, and what to expect in treatment. Chapters include: Why Am I in Treatment, What is Evaluation, How Did I Become a Sex Offender, Stages of Recovery, and more. Each chapter includes homework and exercises.


Why Did I Do It Again and How Can I Stop?
By Robert E. Longo with Hogen Laren Bays and Steven Sawyer
These two classic workbooks have now been combined into a single volume. This volume expands on the standard relapse prevention workbook, teaching clients about cycles of abuse, the sexual abuse cycle, thoughts, feelings and behaviors that make up cycles, values clarification, relapse prevention, and basic interventions for cognitive distortions, mismanaged emotions, behavioral problems and more. Each chapter includes homework and exercises.


Enhancing Empathy
(previously published as Empathy & Compassionate Action)
By Robert E. Longo with Hogen Laren Bays and Steven Sawyer
Revised and updated, Enhancing Empathy helps clients work on developing their own empathy for others. The workbook clarifies in simple, concrete terms the difference between self-pity and empathy, details the effects of sexual abuse on victims, describes steps toward building empathy, warns about the four poisons that prevent empathy, describes in detail compassionate actions, and points the way toward a balanced life. Each chapter includes homework and exercises.

#9835 (ISBN 978-1-929657-04-9) Paperback, 80 pages $17.00

Men & Anger:
Understanding And Managing Your Anger
By Murray Cullen and Robert E. Freeman-Longo
Whatever inappropriate behaviors male clients present, chances are there are anger issues somewhere in the mix. Men & Anger is a classic text using relapse prevention techniques to teach effective anger management for men. Each chapter includes homework assignments and exercises.

“... of tremendous value ... a wonderful book.”
— Gene G. Abel, MD Behavioral Medicine Institute

“This new expanded version of Men & Anger is even better than the original.”
— William Marshall, Ph.D. Professor of Psychology

#9836 (ISBN 978-1-929657-12-4) Paperback, 125 pages $25.00
Sex & The Internet: A Guidebook For Clinicians
Edited by Al Cooper Taylor
Francis Publishers
Focusing on treatment and assessment issues and the clinical implications of cybersex, this authoritative compilation provides mental health professionals with an analysis of empirical evidence and research on the impact of Internet use on couples and families, gay men, people with disabilities, children, and the workplace. Edited by one of the leading researchers, clinicians and authors in the complex field of sex and the Internet, this book informs and provides practical and concrete suggestions and directions.

#9850 (ISBN 1-58391-355-6) Paperback, 290 pages
$49.95

Treating Sex Offenders: An Evidence-Based Manual
Jill D. Stinson and Judith V. Becker
Guilford Press
This structured yet flexible manual presents an innovative group treatment approach that targets deficits in self-regulation—a central problem for sex offenders. Safe Offender Strategies (SOS) comprises 10 evidence-based modules that teach participants the skills to desist from problem behaviors, manage their emotions and impulses, and break unhealthy relationship patterns. Motivational enhancement and validation techniques are woven throughout this collaborative treatment. SOS can be used with a range of clients—including high-risk offenders and those with mental illness or intellectual disabilities—in institutional or outpatient settings. Fifteen reproducible forms and worksheets can be downloaded and printed in a convenient 8 1/2” x 11” size from the NEARI Press website.

$38.25

Using Conscience As A Guide: Student Manual
By Niki Delson
This manual for clients with sexual behavior and sexual aggression problems includes a 16-week curriculum, homework assignments and appendices to help them understand and increase their awareness of conscience and its role in making moral and behavioral choices. It’s a unique approach that can supplement and deepen traditional relapse prevention learning.

$12.00

Using Conscience As A Guide: Enhancing Sex Offender Treatment in the Moral Domain
By Niki Delson
Conscience theory brings together five domains of moral development and functioning: attachment; moral-emotional responsiveness; personal value systems; values in action; and conscience. Niki Delson’s work addresses a major task in treating patients with sexual behavior and sexual aggression problems by teaching therapists and treatment providers how to work with conscience and conscience development with a 16-week curriculum.

$14.00

#9881 Set (1 Book, 1 Workbook)
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Intellectual Disability and Problems in Sexual Behaviour
Assessment, Treatment, and Promotion of Healthy Sexuality
By Robin Wilson and Michele Burns

Working with anyone who engages in sexually inappropriate and/or offending behaviours is challenging. When the individual has an intellectual disability, the challenge not only increases, it is altered. The goal of this guidebook is to provide the essential knowledge, tools, and perspective necessary for anyone choosing to work with this population. Whether you are a family member, direct care staff, probation/pa-role officer or a professional creating service plans or providing ongoing support, this manual will help increase your comfort and your understanding of the unique issues of this population.

“Wilson and Burns have created a resource book which... is easy to read, well organized and, ultimately, very accessible. They ask, and answer, all the right questions. The authors’ goal is ‘no more victims’... their book will, ultimately, help to achieve that end.”
— Dave Hingsburger, author, Behaviour Self!


An Introduction to Autism Spectrum Disorders, Sexual Behaviors, & Therapeutic Intervention
By Gerry D. Blasingame

The frequency of Autism Spectrum Disorders being diagnosed has risen significantly in recent years. During this same time the numbers of children and teens identified with problematic sexual behaviors have also increased. Therapists trained in traditional treatment strategies for people with sexual behavior problems are more and more frequently called upon to work with these youth, but the assumptions and methods that work so well with other clients often fail with this population. This timely book provides essential information about the Autism Spectrum Disorders, how to adjust the assessment process to accommodate this disorder, and practical approaches to understanding unique family dynamics, and healthy and problematic sexual behaviors. This book also provides insights into working with Autism Spectrum cases when there is the co-occurrence of intellectual disabilities and/or various mental health problems.

#9882 (ISBN 978-1-929657-50-6) Paperback, 149 pages $27.00

Developmentally Disabled Persons with Sexual Behavior Problems
By Gerry D. Blasingame

Safer Society Press

This comprehensive revision, now in one volume, provides a wealth of information and resources for clinicians working with developmentally disabled persons. A partial listing of topics covered includes:
• Updated strategies for treatment
• Recidivism rates in the general population
• Forensic issues involved
• Developmental disorders and their impact on sexual development
• Constructing an interagency team for community management and supervision
• Integration of treatment and supervision for residential and community-based settings
• Challenging staffing issues
• Necessary program issues
• Blasingame’s Clinical Assessment Tools

This title will be a valuable addition to the professional library of anyone serving this challenging population.

#9710 (ISBN 978-1-885473-73-8) Paperback, 226 pages $44.95

Footprints: Steps to a Healthy Life
By Krishan G. Hansen and Timothy J. Kahn

Safer Society Press

Developmentally disabled individuals experience sexual and physical abuse at rates 50 to 60 percent higher than that of other groups. They are also much more prone to demonstrate “sexual behavior problems” due to cognitive delays, misinformation by caregivers and professionals, experiences of abuse, counterfeit deviance, lack of exposure to appropriate partners, and general desexualization by society. Until now, treatment providers had few legitimate tools for working with this population.

Footprints: Steps to a Healthy Life is for developmentally disabled adults and adolescents with sexual behavior problems, clients with learning disabilities, attention deficits, and less than average cognitive abilities. This workbook provides a practical approach and offers concrete exercises and easy client activities to make treatment more effective for this particular population.

Healthy Choices:
Creative Ideas For Working With Sex Offenders with Developmental Disabilities
By Tim Horton and Tracey Frugoli
Using graphics and art therapy techniques, Healthy Choices compiles creative ideas designed for developmentally delayed sex offenders. It includes the cycle, relapse prevention plan, and thinking errors enhanced with icons for clients who have difficulty reading, flashcard templates, group and individual treatment activities, and a copyright agreement for worksheets for your clients.

“If you are pulling your hair out working with DD sex offenders, this book is for you. It provides practical solutions that can be put into immediate use. Numerous exercises can be generalized to both juveniles and adults ... regardless of IQ.” — Scott Smith, MA, Clinical Therapist Supervisor, Department of Corrections, Illinois Youth Center

#9861 (ISBN 0-1-9728515-1-8) Paperback, 121 pages $30.00

Which Thinking Error Is This?
An Audio CD
By Tim Horton
Using humor and sound effects, this CD keeps the listener’s attention while teaching them thinking errors and corrections. Intended for DD offenders, Which Thinking Error Is This? can help juvenile offenders having difficulty with mainstream curricula. The packet includes a 35-minute CD with copyright permission to “burn” copies or make tapes for your clients and a list of 11 common thinking errors with graphics.

“Finally an organized and user-friendly program for the lower functioning client. Participants like the easy-to-understand steps. Great resource!” — Gina Wheeler, MA, World For The Kids

#9864 CD $16.00

Faith-Based Approaches (Christian)

A Time To Heal:
Protecting Children & Ministering to Sex Offenders
By the Reverend Debra Haffner
Christian Community, Inc.
The Rev. Debra Haffner’s timely book is a primary resource for congregations dealing with abuse issues. It provides tools for faith communities to: develop sexual abuse prevention strategies; determine if/how a convicted sex offender may be involved in the congregation; decide how to respond if a member is accused of a sexual offense; and support victims/survivors.

A Time to Heal is a must-read for clergy, lay leadership, denominational executives, regional judiciary executives, correctional officials, judges, parole and probation officers, and treatment providers.

#9865 (ISBN 1-893270-31-9) Paperback $12.00

Walk The Walk:
A Treatment Supplement For Sex Offenders With Christian Beliefs
By Tim Horton
Acme Halo Publishing
A hard-hitting, yet respectful workbook, Walk The Walk integrates sex offender treatment concepts with Christian concepts in order to allay fears and support treatment. This book reaches offenders struggling with their faith or hiding behind their Bibles. Their Christian supporters find help here with the issue of forgiveness.

“Finally there is a book that addresses Christian values and spirituality, while insisting that sex offenders be held accountable! I have especially found the Christian thinking errors chapter useful with my clients.” — Kim Batt-Lincoln, LCPC, Sexual Issues Specialist/Clinician

#9862 (ISBN 0-9728515-0-X) Paperback, 67 pages $15.00
**The Thursday Group:**
*A Story and Information for Girls Healing From Sexual Abuse*

By PeggyEllen Kleinleder and Kimber Evensen

Illustrations by Nancy Radtke

Kleinleder and Evensen break new ground using the long-held tradition of sharing wisdom through story-telling. In the all-too-real but fictional story of Abi, her family, and a therapeutic support group, adolescent girls learn to deal with having been sexually abused – as their family members and the larger community react to them. The learning is reinforced by techniques for dealing with emotions, hand-outs from the group, reminders, explanations, and tips. Using a wide range of situations, issues, and coping strategies, and extraordinarily captivating writing, *The Thursday Group* portrays the effects of sexual abuse realistically, recognizing both pain and hope, damage and healing.

“I learned a lot from this book. If it was too graphic I couldn’t have read it. It was real. It was gentle.” — Rita, 15, A Survivor


$25.00

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**For Now: Words of the Girl Who Fought Back**

By Anna Nettie Hanson

Anna Nettie Hanson has written a book that vividly describes the pain and trauma of rape by someone she thought was a friend. Her unique daily journal was written during the immediacy following her rape and reflects raw and powerful emotions shared by many who have endured such attacks. Hanson eloquently breaks up the details of her rape through poetry to be sure she does not overwhelm the reader and to ensure that nothing of that experience is left out. We believe that this work can be helpful to survivors and as a resource for people working with adolescents who sexually abuse and who want to understand the impact of their sexually abusive behavior.

“It is rare for a teenager to have the courage to come forward and “speak the words” after having been raped. Anna has the ability to articulate the terror and the pain for those who have not yet found their voices.”

— Marilyn Van Derbur, author, *Miss America By Day*


$12.95

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**Strong At The Broken Places:**
*Building Resiliency In Survivors Of Trauma*

By Linda T. Sanford

Author and therapist Linda Sanford has documented the successes of 20 adults who prevailed over childhoods of sexual and physical abuse, neglect, parental substance abuse and domestic violence. One of the first popular books on resiliency, *Strong at the Broken Places* was written for every survivor, friend, family member, mentor or helping professional who seeks self-forgiveness and healing.

Linda T. Sanford, MSW, also wrote *The Silent Children* and co-authored *Women and Self-Esteem*. She trains and consults nationwide.


$19.00

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**Evicting the Perpetrator**
*A Male Survivor’s Guide For Recovery From Childhood Sexual Abuse*

By Ken Singer

Male survivors of childhood sexual abuse can find no better guide to a healthy recovery than Ken Singer’s new book. He identifies the connections between childhood abuse and issues of isolation, out-of-control anger, sexual intimacy, and addictions, and provides struggling survivors with an understanding of trauma and its effects that can help them retake control of their lives. He offers useful advice about why and how to disclose the long-held secret of abuse to loved ones and to constructively confront the abuser by letter and in person. Ken has distilled decades of experience to give real help, real guidance, and the tools needed for real recovery.

“Ken Singer has created a book that is smart, helpful, compassionate, and innovative, a product of his long career working with both survivors and offenders, combining caring with toughness. Survivors, and those who care about them, will benefit from [and be challenged by] his deeply human approach to “moving on” in recovery.”

— Mike Lew, author of *Victims No Longer and Leaping Upon the Mountain*


$24.00

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To order call 888.NEARI.12 (888.632.7412) or online at www.nearipress.org
The Prevention of Sexual Violence: A Practitioners Sourcebook
Edited by Keith Kaufman
This comprehensive volume brings together the expertise of leading practitioners, researchers, and policy makers to prevent sexual violence. Through a progression of nearly 30 chapters, the Sourcebook begins by introducing cutting edge prevention approaches along with a broad sampling of nationally recognized programs to illustrate the power of well designed prevention efforts. To foster the development of innovative new prevention programs, a section of the Sourcebook is dedicated to “how to” oriented approaches. The Sourcebook concludes with an examination of the role of cultural issues in the prevention of sexual violence and offers insights for influencing local and national policy change.

Chapters cover the spectrum of topics from internet safety, influencing public policy, and addressing sex offender notification practices, to creating effective prevention programming for children and teens, organizations, adults in the community, and young adults on college campuses. This Sourcebook is an essential tool for any professional who wants to incorporate the prevention of sexual violence into their practice or enhance the quality of existing services.

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The Sex-Wise Parent
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By Janet Rosenzweig
Skyhorse Publishing
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What Ordinary People Can Do In Their Everyday Lives To Save Three Million Children
By Gene G. Abel and Nora Harlow
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A Guide for Parents and Caregivers
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Illustrated by Michael Emberley  
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